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### ANNE M.R. AGUR, BSc(OT), MSc, PhD

Professor, Division of Anatomy, Department of Surgery, Faculty of Medicine
Division of Physical Medicine and Rehabilitation, Department of Medicine
Department of Physical Therapy, Department of Occupational Science and Occupational Therapy
Division of Biomedical Communications, Institute of Medical Science
Rehabilitation Sciences Institute, Graduate Department of Dentistry
University of Toronto
Toronto, Ontario, Canada

### ARTHUR F. DALLEY II, PhD, FAAA

Professor, Department of Cell and Developmental Biology Adjunct Professor, Department of Orthopaedic Surgery Vanderbilt University School of Medicine Adjunct Professor of Anatomy Belmont University School of Physical Therapy Nashville, Tennessee



Acquisitions Editor: Crystal Taylor
Product Development Editor: Greg Nicholl
Marketing Manager: Michael McMahon
Production Project Manager: Bridgett Dougherty
Design Coordinator: Holly McLaughlin
Art Director: Jennifer Clements
Artist/Illustrator: Nick Woolridge, Nicole Clough, Marissa Webber
Manufacturing Coordinator: Margie Orzech
Prepress Vendor: Absolute Service, Inc.

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## To my husband Enno and to my family Kristina, Erik, and Amy for their support and encouragement

(A.M.R.A.)

To Muriel

My bride, best friend, counselor, and mother of our sons;

To my family

Tristan, Lana, Elijah, Finley, Sawyer and Dashiell,

Denver, and Skyler and Sara

With great appreciation for their support, humor, and patience

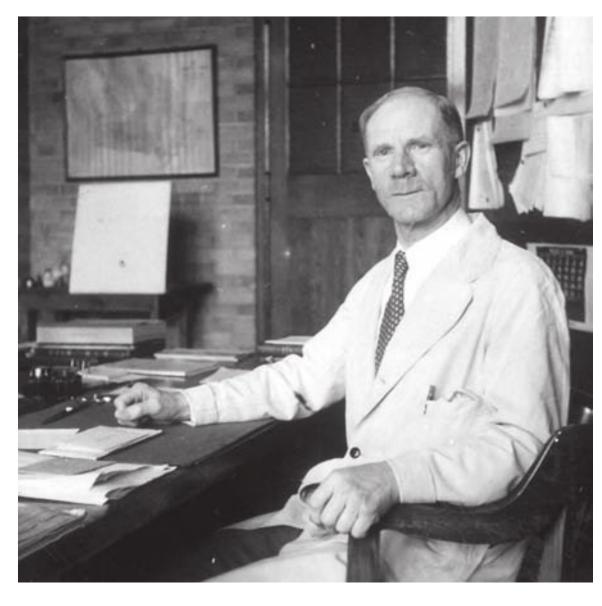
(A.F.D.)

And with sincere appreciation for the anatomical donors
Without whom our studies would not be possible

## Dr. John Charles Boileau Grant

1886-1973

by Dr. Carlton G. Smith, MD, PhD (1905–2003)
Professor Emeritus, Division of Anatomy,
Department of Surgery
Faculty of Medicine, University of Toronto,
Toronto, Ontario, Canada



Dr. J.C. Boileau Grant in his of *fi*ce, McMurrich Building, University of Toronto, 1946. Through his textbooks, Dr. Grant made an indelible impression on the teaching of anatomy throughout the world. (Courtesy of Dr. C. G. Smith.)

The life of Dr. J.C. Boileau Grant has been likened to the course of the seventh cranial nerve as it passes out of the skull: complicated but purposeful. He was born in the parish of Lasswade in Edinburgh, Scotland, on February 6, 1886. Dr. Grant studied medicine at the University of Edinburgh from 1903 to 1908. Here, his skill as a dissector in the laboratory of the renowned anatomist, Dr. Daniel John Cunningham (1850–1909), earned him a number of awards.

Following graduation, Dr. Grant was appointed the resident house officer at the Infirmary in Whitehaven, Cumberland. From 1909 to 1911, Dr. Grant demonstrated anatomy in the University of Edinburgh, followed by 2 years at the University of Durham, at Newcastle-on-Tyne in England, in the laboratory of Professor Robert Howden, editor of *Gray's Anatomy*.

With the outbreak of World War I in 1914, Dr. Grant joined the Royal Army Medical Corps and served with distinction. He was mentioned in dispatches in September 1916, received the Military Cross in September 1917 for "conspicuous gallantry and devotion

to duty during attack," and received a bar to the Military Cross in August 1918.<sup>1</sup>

In October 1919, released from the Royal Army, he accepted the position of Professor of Anatomy at the University of Manitoba in Winnipeg, Canada. With the frontline medical practitioner in mind, he endeavored to "bring up a generation of surgeons who knew exactly what they were doing once an operation had begun." Devoted to research and learning, Dr. Grant took interest in other projects, such as performing anthropometric studies of Indian tribes in northern Manitoba during the 1920s. In Winnipeg, Dr. Grant met Catriona Christie, whom he married in 1922.

Dr. Grant was known for his reliance on logic, analysis, and deduction as opposed to rote memory. While at the University of Manitoba, Dr. Grant began writing *A Method of Anatomy, Descriptive and Deductive*, which was published in 1937.<sup>2</sup>

In 1930, Dr. Grant accepted the position of Chair of Anatomy at the University of Toronto. He stressed the value of a "clean" dissection, with the structures well defined. This required the delicate touch of a sharp scalpel, and students soon learned that a dull tool was anathema. Instructive dissections were made available in the Anatomy Museum, a means of student review on which Dr. Grant placed a high priority. Illustrations of these actual dissections are included in *Grant's Atlas of Anatomy*.

The first edition of the *Atlas*, published in 1943, was the first anatomical atlas to be published in North America.<sup>3</sup> *Grant's Dissector* preceded the *Atlas* in 1940.<sup>4</sup>

Dr. Grant remained at the University of Toronto until his retirement in 1956. At that time, he became Curator of the Anatomy Museum in the University. He also served as Visiting Professor of Anatomy at the University of California at Los Angeles, where he taught for 10 years.

Dr. Grant died in 1973 of cancer. Through his teaching method, still presented in the Grant's textbooks, Dr. Grant's life interest—human anatomy—lives on. In their eulogy, colleagues and friends Ross MacKenzie and J. S. Thompson said, "Dr. Grant's knowledge of anatomical fact was encyclopedic, and he enjoyed nothing better than sharing his knowledge with others, whether they were junior students or senior staff. While somewhat strict as a teacher, his quiet wit and boundless humanity never failed to impress. He was, in the very finest sense, a scholar and a gentleman."

<sup>&</sup>lt;sup>1</sup>Robinson C. Canadian Medical Lives: J.C. Boileau Grant: Anatomist Extraordinary. Ontario, Canada: Associated Medical Services Inc/Fithzenry & Whiteside, 1993.

<sup>&</sup>lt;sup>2</sup>Grant JCB. A Method of Anatomy: Descriptive and Deductive. Baltimore, MD: Williams & Wilkins Co, 1937.

<sup>&</sup>lt;sup>3</sup>Grant JCB. Grant's Atlas of Anatomy. Baltimore, MD: Williams & Wilkins Co, 1943.

<sup>&</sup>lt;sup>4</sup>Grant JCB, Cates HA. *Grant's Dissector (A Handbook for Dissectors)*. Baltimore, MD: William's & Wilkins Co, 1940.

## Reviewers

#### RADIOLOGIC FIGURE CONTRIBUTORS

#### Joel A. Vilensky, PhD

Professor, Department of Anatomy and Cell Biology Indiana University School of Medicine Fort Wayne, Indiana

#### Edward C. Weber, DO

The Imaging Center Fort Wayne, Indiana

#### FACULTY REVIEWERS

#### Ernest Adeghate, MD, PhD, DSc

Professor and Chair College of Medicine and Health Sciences United Arab Emirates University Al-Ain, United Arab Emirates

#### Jean-pol Beauthier, MD, PhD

Professor of Forensic Pathology Université libre de Bruxelles Brussels, Belgium

#### Jennifer A. Carr, PhD

Preceptor
Harvard University
Cambridge, Massachusetts

#### Donald J. Fletcher, PhD

Professor and Vice Chair Department of Anatomy and Cell Biology Brody School of Medicine, East Carolina University Greenville, North Carolina

#### Douglas J. Gould, PhD

Professor and Vice Chair
Department of Biomedical Sciences
William Beaumont School of Medicine, Oakland University
Rochester, Michigan

#### Robert Hage, MD, PhD, DLO, MBA

Professor and Co-chair School of Medicine, St. George's University Grenada, West Indies

#### Jonathan Kalmey, PhD

Assistant Dean of Preclinical Education, Professor of Anatomy Lake Erie College of Osteopathic Medicine Erie, Pennsylvania

#### Randy J. Kulesza, PhD

Associate Professor Lake Erie College of Osteopathic Medicine Erie, Pennsylvania

#### Diana Rhodes, DVM, PhD

Professor of Anatomy and Chair Department of Anatomy Pacific Northwest University of Health Sciences Yakima, Washington

#### Bruce Wainman, PhD

Associate Professor, Pathology and Molecular Medicine Director, Education Program in Anatomy McMaster University Ontario, Canada

#### STUDENT REVIEWERS

#### Todd Christensen

University of Medicine and Health Sciences, St. Kitts

#### Margaret Connolly

Tufts University School of Medicine

#### Laura Deschamps

Philadelphia College of Osteopathic Medicine

#### Kyle Diamond

Charles E. Schmidt College of Medicine

#### **Dustun Field**

Trinity School of Medicine

#### Tripp Hines

James H. Quillen College of Medicine, East Tennessee State University

#### Kimber Johnsen

University of Medicine and Health Sciences, St. Kitts

#### Nalin Lalwani

University of Medicine and Health Sciences, St. Kitts

#### Amy Leshner

St. George's, University of London

#### Garren Low

Keck School of Medicine of USC

#### Milcris N. Calderon Maduro

Ponce Health Sciences University School of Medicine

#### Katherine Morganti

Louisiana State University Health Sciences Center, Shreveport

#### Elizabeth Nelson

University of Utah School of Medicine

#### Fabian Nelson

Avalon University School of Medicine

#### Nina Nguyen

Université de Sherbrooke

#### Ryan Nguyen

College of Osteopathic Medicine of the Pacific, Western University of Health Sciences

#### Bethanie Nimmons

University of South Carolina School of Medicine

#### Ijeoma Ohadugha

Meharry Medical College

#### **Akshay Patel**

Saint James School of Medicine

#### Gabriella Reyes

University of Medicine and Health Sciences, St. Kitts

#### Aida Rezaie

University of Utah School of Medicine

#### Kelly Rusko

University of Medicine and Health Sciences, St. Kitts

#### Jordan Stav

University of Medicine and Health Sciences, St. Kitts

#### Richard Steward

Touro College of Osteopathic Medicine

#### Jordan Talan

Tufts University School of Medicine

#### Cristina Vázquez

University of Medicine and Health Sciences, St. Kitts

#### Benjamin Ying Ming Tan

Loma Linda University

#### Alice Yu

Midwestern University

#### Billy Zhang

University of Medicine and Health Sciences, St. Kitts

#### Lucy Zhu

Baylor College of Medicine

## Preface

This edition of Grant's Atlas has, like its predecessors, required intense research, market input, and creativity. It is not enough to rely on a solid reputation; with each new edition, we have adapted and changed many aspects of the Atlas while maintaining the commitment to pedagogical excellence and anatomical realism that has enriched its long history. Medical and health sciences education, and the role of anatomy instruction and application within it, continually evolve to reflect new teaching approaches and educational models. The health care system itself is changing, and the skills and knowledge that future health care practitioners must master are changing along with it. Finally, technologic advances in publishing, particularly in online resources and electronic media, have transformed the way students access content and the methods by which educators teach content. All of these developments have shaped the vision and directed the execution of this fourteenth edition of *Grant's Atlas*, as evidenced by the following key features.

Recolorization of the original carbon-dust Grant's Atlas images from high-resolution scans. The entire collection of carbon-dust illustrations were remastered and recolored for the fourteenth edition using a vibrant new palette. The stunning detail and contrast of the original Grant's art was maintained while adding a new level of luminosity of organs and especially transparency of tissues, enabling demonstrations of deeper relationships not possible with merely recolored grayscale illustrations, thereby enhancing the student learning experience. The student is able to visualize and appreciate clearly the newly revealed relationships between structures, enabling the formation of three-dimensional (3D) constructs for each region of the body. The recolorization, enabled by modern image processing, allows reproduction and viewing of the images—both in print and electronically—with unprecedented high resolution and fidelity, continuing their vital role informing future generations of medical and health care providers about the structure and function of the human body.

A unique feature of *Grant's Atlas* is that rather than providing an idealized view of human anatomy, the classic illustrations represent actual dissections that the student can directly compare with specimens in the lab. Because the original models used for these illustrations were real cadavers, the accuracy of these illustrations is unparalleled, offering students the best introduction to anatomy possible.

Schematic illustrations. Updated for the fourteenth edition with a modern uniform style and consistent color palette, the full-color schematic illustrations and orientation figures supplement the dissection figures to clarify anatomical concepts, show the relationships of structures, and give an overview of the body region being studied.

The illustrations conform to Dr. Grant's admonition to "keep it simple": Extraneous labels were deleted, and some labels were

added to identify key structures and make the illustrations as useful as possible to students.

Legends with easy-to-find clinical applications. Admittedly, artwork is the focus of any atlas; however, the *Grant's* legends have long been considered a unique and valuable feature of the *Atlas*. The observations and comments that accompany the illustrations assist orientation and draw attention to salient points and significant structures that might otherwise escape notice. Their purpose is to interpret the illustrations without providing exhaustive description. Readability, clarity, and practicality were emphasized in the editing of this edition. Clinical comments, which deliver practical "pearls" that link anatomical features with their significance in health care practice, appear in blue text within the figure legends. New clinical comments based on current practices have been added in this edition, providing even more relevance for students searching for medical application of anatomical concepts.

Enhanced diagnostic imaging and surface anatomy. Because medical imaging has taken on increased importance in the diagnosis and treatment of injuries and illnesses, diagnostic images are used liberally throughout and at the end of each chapter. Over 100 clinically significant magnetic resonance images (MRIs), computed tomography (CT) scans, ultrasound scans, and corresponding orientation drawings are included, many of which are new to or updated for this edition. Labeled surface anatomy photographs which, like the illustrations, feature ethnic diversity continue to be an important feature in this new edition.

Updated and improved tables. Tables help students organize complex information in an easy-to-use format ideal for review and study. In addition to muscles, tables summarizing nerves, arteries, and other relevant structures are included. Tables are made more meaningful with illustrations strategically placed on the same page, demonstrating the structures and relationships described in the tables.

Logical organization and layout. The organization and layout of the *Atlas* have always been determined with ease of use as the goal. In this edition, to facilitate dissection, the body regions have been reordered in the same sequence as the more recent and current editions of *Grant's Dissector*. The order of plates within every chapter was scrutinized to ensure that it is logical and pedagogically effective.

We hope that you enjoy using this fourteenth edition of *Grant's Atlas* and that it becomes a trusted partner in your educational experience. We believe that this new edition safeguards the *Atlas's* historical strengths while enhancing its usefulness to today's students.

Anne M.R. Agur Arthur F. Dalley II

# Recoloring Grant's Atlas

The principal illustrations for *Grant's Atlas*, created in the 1940s and 1950s, use classic techniques of carbon dust or wash in pure grayscale. Although the detail of the grayscale carbon-dust illustrations was outstanding (see below figure on the left), the need for color was soon obvious. Early editions of the *Atlas* layered solid colors over parts of the grayscale artwork to highlight the presence and relationships of important structures such as veins, arteries, and nerves. This didactic approach and technology persisted throughout the first eight editions.

In the early 1990s, the *Atlas* was revised using a complex predigital technique where the original illustrations were photographed and printed on photographic paper. The prints were then colorized by hand with photo dyes, and the resulting colored prints were rephotographed for reproduction in print. Although this process resulted in a significant enrichment of the illustrations, the technique sometimes led to loss of detail and reduction of contrast. Over the next several editions, the color of the digital images were adjusted and enhanced (see below figure in the middle).

In the late 1990s, the University of Toronto assumed care of the original illustrations. The illustrations had been handled roughly over their long lives and were in many cases deteriorating due to their non-archival substrates. In 2008, an interdisciplinary team of communications scholars, illustrators, and archivists applied for and received funding from the Social Sciences and Humanities Research Council of Canada to study the illustrations and to create a digital archive of the corpus. The team catalogued, documented, and scanned the artifacts at high resolution. The effort revealed a number of "lost" illustrations among the more than 1,000 images. Some of these images have been restored to the current edition.

Once the database of high-resolution images was compiled, the possibility arose to "remaster" and recolor the images for the next

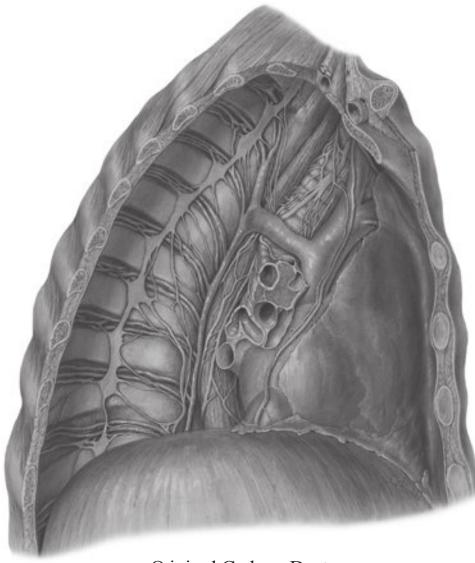
edition of *Grant's Atlas*. A system was set up to clean the images and create new layers of color.

- Almost all of the original illustrations contained handlettered labels and leader lines that had to be removed. This was accomplished by the careful use of digital cloning and retouching tools.
- The tonal range and contrast was adjusted to maximize clarity and dynamic range.
- A series of color layers were added over the cleaned scans, based on a carefully chosen palette. Most layers were set to the color transfer mode, which was chosen to assure that the grayscale balance of the underlying scans would not be altered.
- All of the recolored illustrations went through numerous rounds of revision with the authors to assure accuracy and reflect the pedagogic needs of the new edition.

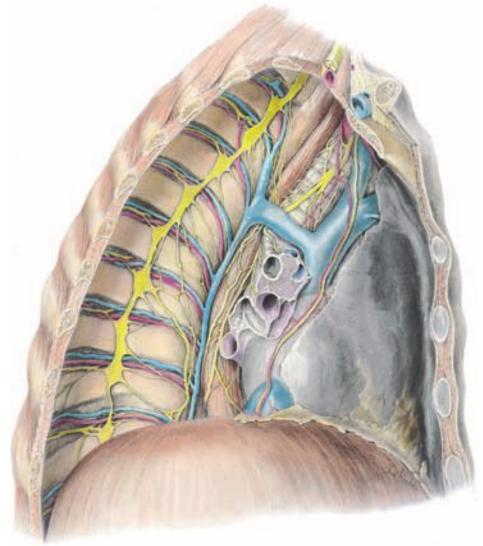
This work was overseen by Nicholas Woolridge and carried out by two graduates of the Master of Science in Biomedical Communications (MScBMC) program: Nicole Clough and Marissa Webber. The retouching process was designed to preserve the detail, texture, and contrast of the original artwork (see below image on the right), allowing the illustrations to continue informing students about the structure and function of the human body for decades to come.

#### Nicholas Woolridge

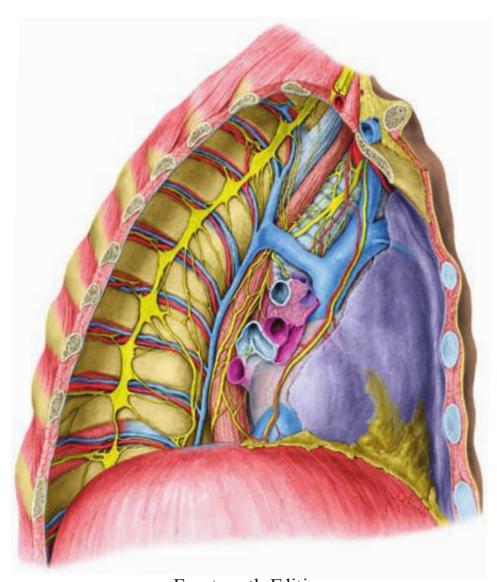
Director, Master of Science in Biomedical Communications Program University of Toronto September 2015



Original Carbon-Dust



Thirteenth Edition with Added Color



Fourteenth Edition with Enhanced Color and Detail

<sup>&</sup>lt;sup>1</sup>Led by Kim Sawchuk, from Concordia University, and included Nancy Marrelli, Nicholas Woolridge, Brian Sutherland, Nina Czegledy, Mél Hogan, Dave Mazierski, and Margot Mackay.

# Acknowledgments

Starting with the first edition of *Grant's Atlas* published in 1943, many people have given generously of their talents and expertise and we acknowledge their participation with heartfelt gratitude. Most of the original carbon-dust halftones on which this book is based were created by Dorothy Foster Chubb, a pupil of Max Brödel and one of Canada's first professionally trained medical illustrators. She was later joined by Nancy Joy. Mrs. Chubb was mainly responsible for the artwork of the first two editions and the sixth edition; Professor Joy, for those in between. In subsequent editions, additional line and halftone illustrations by Elizabeth Blackstock, Elia Hopper Ross, and Marguerite Drummond were added. In recent editions, the artwork of Valerie Oxorn and the surface anatomy photography of Anne Rayner of Vanderbilt University Medical Center's Medical Art Group have augmented the modern look and feel of the atlas.

Much credit is also due to Charles E. Storton for his role in the preparation of the majority of the original dissections and preliminary photographic work. We also wish to acknowledge the work of Dr. James Anderson, a pupil of Dr. Grant, under whose stewardship the seventh and eighth editions were published.

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#### FOURTEENTH EDITION

We are indebted to our students, colleagues, and former professors for their encouragement—especially Joel Vilensky, Sherry Downie, Ryan Splittgerber, Mitchell T. Hayes, Edward Weber, and Douglas J. Gould for their invaluable input.

We wish to thank Dr. Joel A. Vilensky and Dr. Edward C. Weber for their contribution of new images to update and enhance the imaging sections of this edition.

We extend our gratitude to Professors Nick Woolridge and David Mazerski who developed the carbon-dust recolorization process and along with Nicole Clough and Marissa Webber who recolorized all of the carbon-dust images. Their artistic skills and anatomical insights made substantial contributions to this edition. We would also like to acknowledge Jennifer Clements, Art Director at Wolters Kluwer, who managed the art program for this edition.

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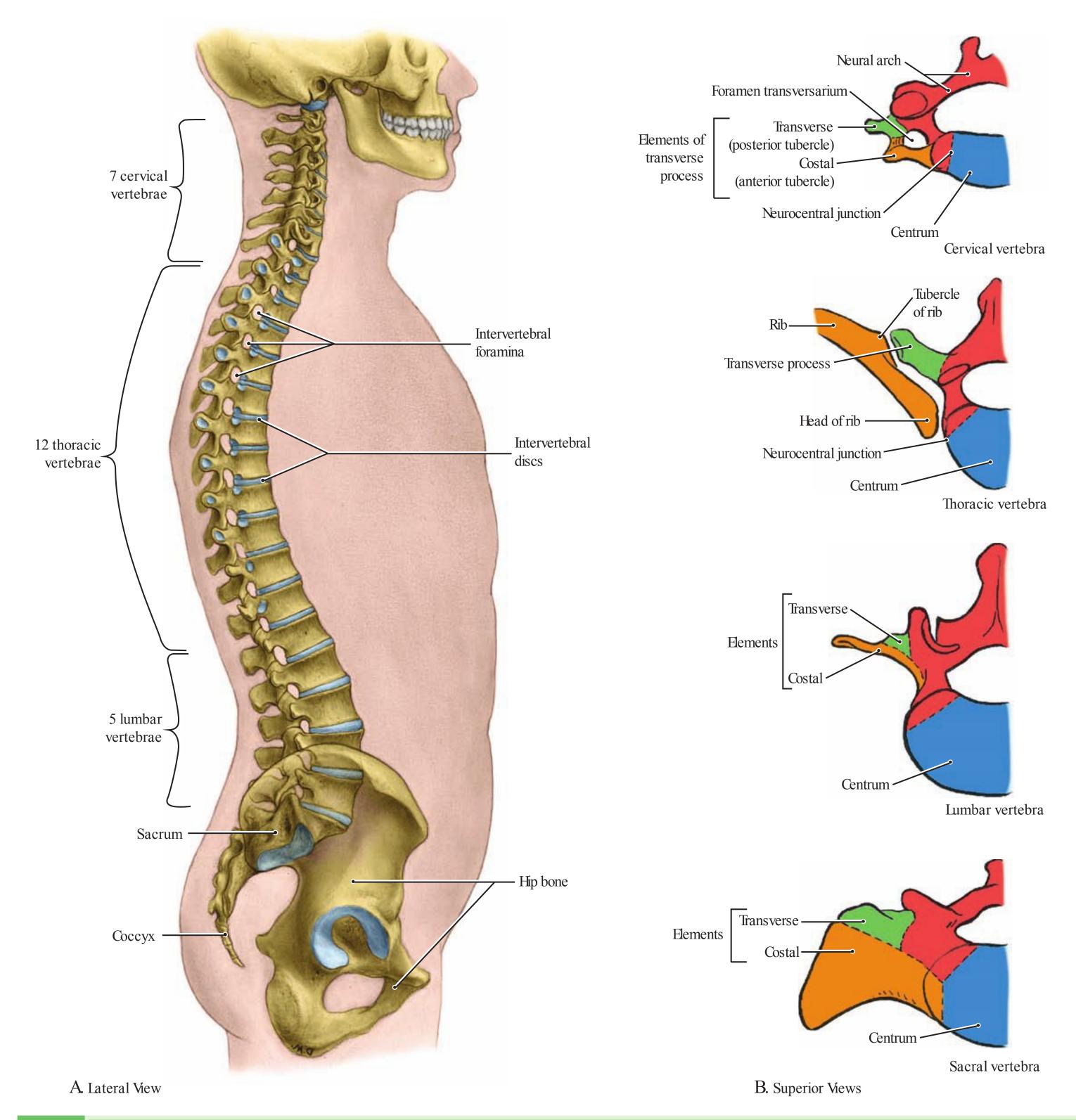
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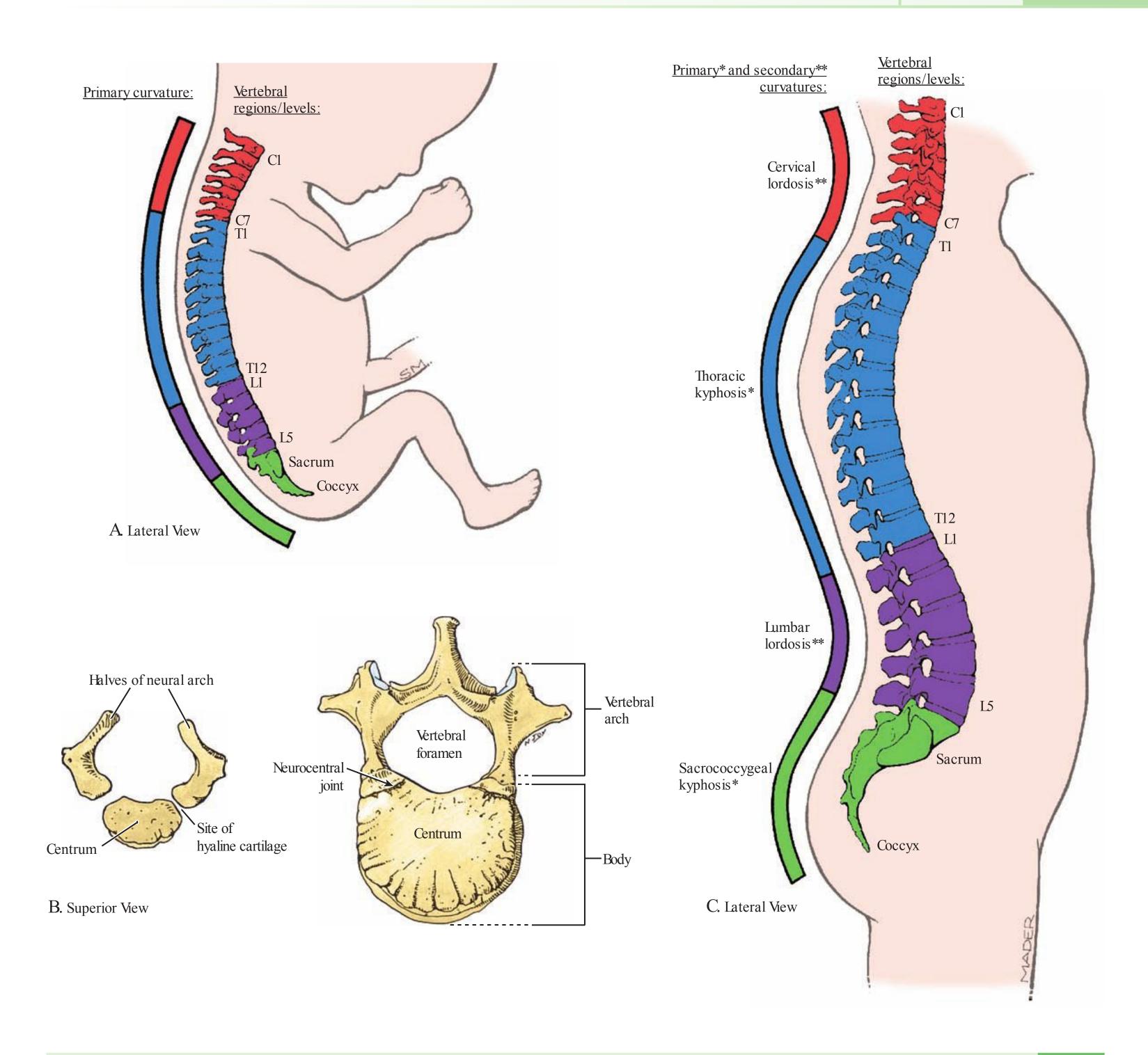
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### OVERVIEW OF VERTEBRAL COLUMN

- A. Vertebral column showing articulation with skull and hip bone.
- The vertebral column usually consists of 24 separate (presacral) vertebrae, 5 fused vertebrae in the sacrum, and variably 4 fused or separated coccygeal vertebrae. Of the 24 separate vertebrae, 12 support the ribs (thoracic vertebrae), 7 are in the neck (cervical vertebrae, and 5 are in the lumbar region (lumbar vertebrae).
- The spinal nerves exit the vertebral (spinal) canal via the intervertebral (IV) foramina. There are 8 cervical, 12 thoracic, 5 lumbar, 5 sacral, and 1 to 2 coccygeal spinal nerves.
- B. Homologous parts of vertebrae. A rib is a free costal element in the thoracic region; in the cervical and lumbar regions, it is represented by the anterior part of a transverse process, and in the sacrum, by the anterior part of the lateral mass.



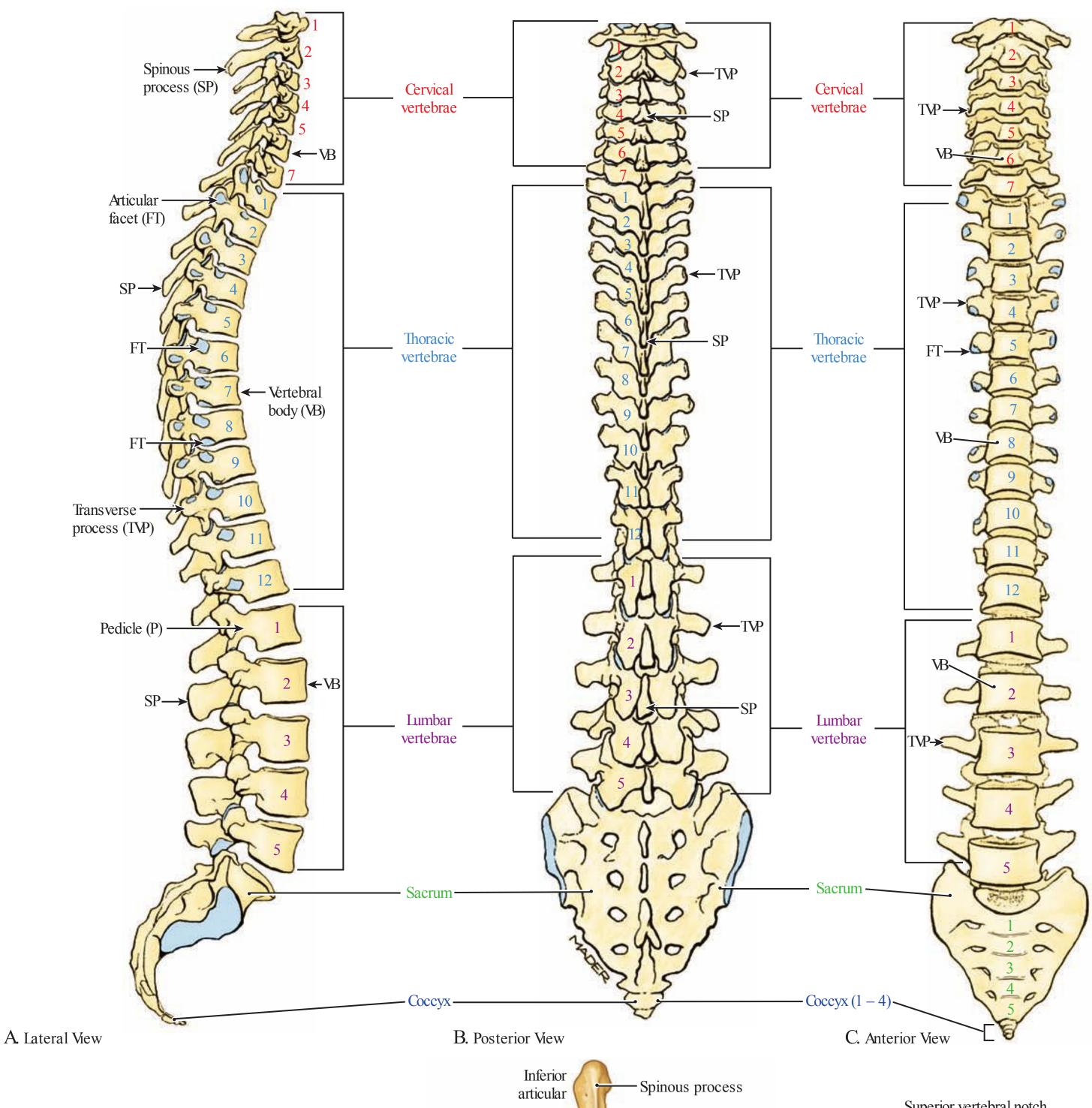
#### CURVATURES OF VERTEBRAL COLUMN

1.2

A. Fetus. Note the C-shaped curvature of the fetal spine, which is concave anteriorly over its entire length. B. Development of the vertebrae. At birth, a vertebra consists of three bony parts (two halves of the neural arch and the centrum) united by hyaline cartilage. At age 2, the halves of each neural arch begin to fuse, proceeding from the lumbar to the cervical region; at approximately age 7, the arches begin to fuse to the centrum, proceeding from the cervical to lumbar regions. C. Adult. The four curvatures of the adult vertebral column include the cervical lordosis, which is convex anteriorly and lies between vertebrae C1 and T2; the thoracic

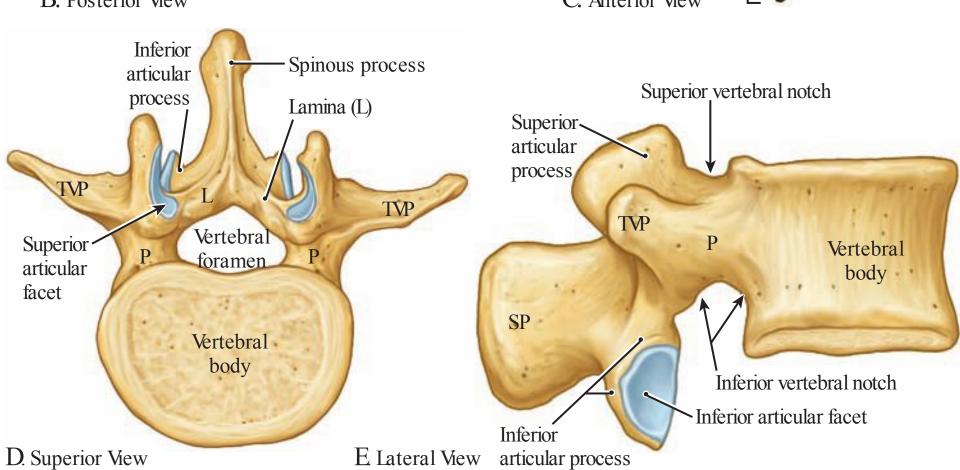
kyphosis, which is concave anteriorly, between vertebrae T2 and T12; the lumbar lordosis, convex anteriorly and lying between T12 and the lumbosacral joint; and the sacrococcygeal kyphosis, concave anteriorly and spanning from the lumbosacral joint to the tip of the coccyx. The anteriorly concave thoracic kyphosis and sacrococcygeal kyphosis are primary curves, and the anteriorly convex cervical lordosis and lumbar lordosis are secondary curves that develop after birth. The cervical lordosis develops when the child begins to hold the head up, and the lumbar kyphosis develops when the child begins to walk.

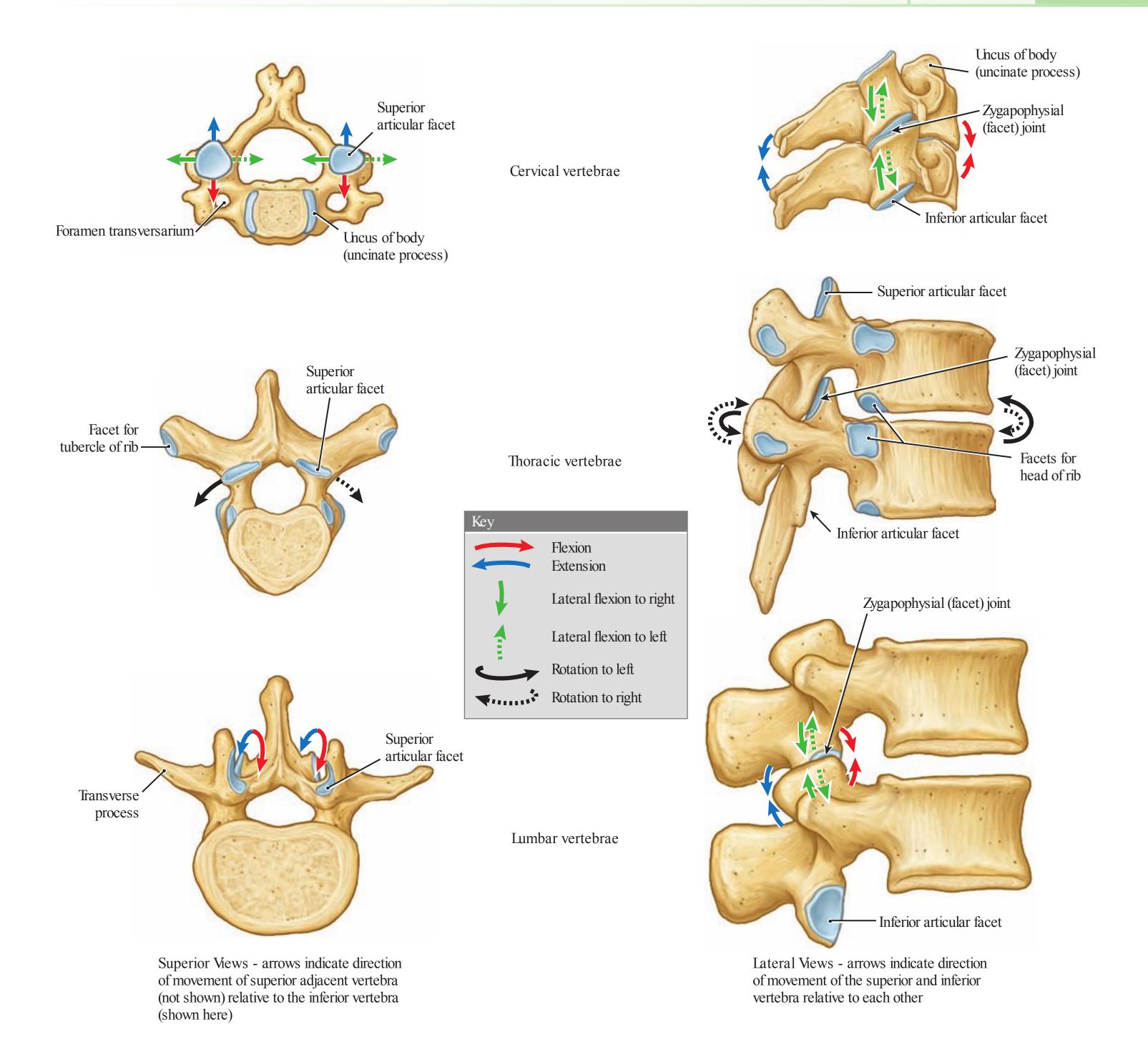
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### 1.3 PARTS OF VERTEBRAL COLUMN

**A.** Lateral view. **B.** Posterior view. **C.** Anterior view. **D.** and **E.** Parts of a typical vertebra (e.g., the 2nd lumbar vertebra). *FT*, facet for articulation with the ribs; *L*, lamina; *P*, pedicle; *SP*, spinous process; *TVP*, transverse process; *VB*, vertebral body.





#### VERTEBRAL FEATURES AND MOVEMENTS

- Movements of the vertebral column are freer (have greater range of motion) in the cervical and lumbar regions than in the thoracic region. Lateral bending is freest in the cervical and lumbar regions; flexion is greatest in the cervical region; extension is most marked in the lumbar region, but the interlocking articular processes prevent rotation.
- abrupt from thoracic to lumbar.
  Although movements between adjacent vertebrae are relatively small, the summation of all the small movements produces a considerable range of movement of the vertebral column as a whole.

• In the thoracic and lumbar regions, the articular processes/

facets lie posterior to the vertebral bodies and in the cervical

region posterolateral to the bodies. Superior articular facets in

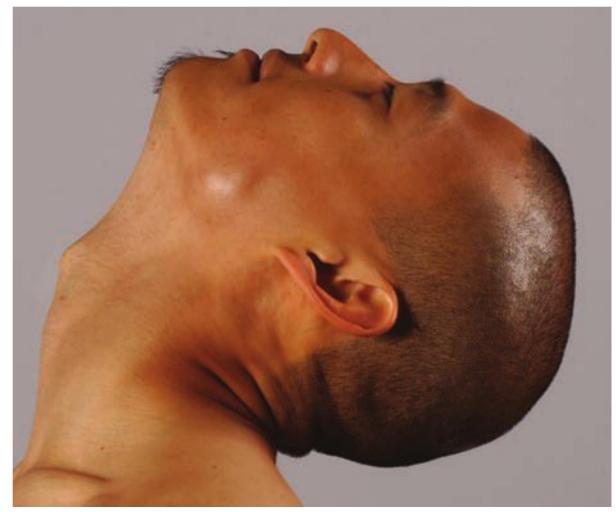
the cervical region face mainly superiorly, in the thoracic region,

mainly posteriorly, and in the lumbar region, mainly medially.

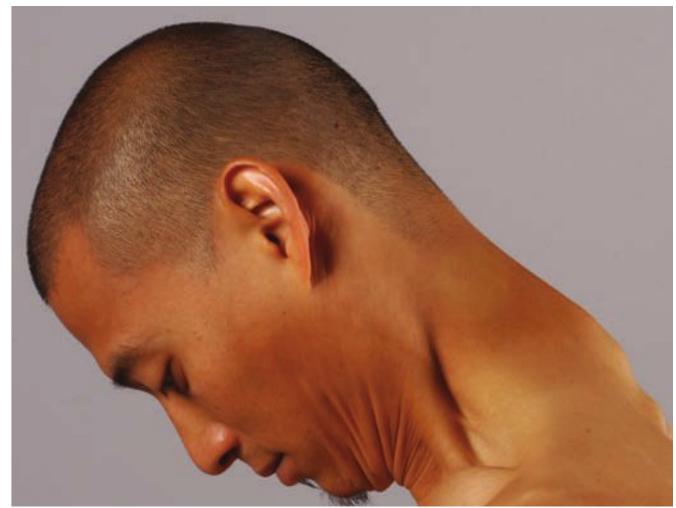
The change in direction is gradual from cervical to thoracic but

• The thoracic region is most stable because of the external support gained from the articulations of the ribs and costal cartilages with the sternum. The direction of the articular facets permits rotation, but flexion, extension, and lateral bending are severely restricted.

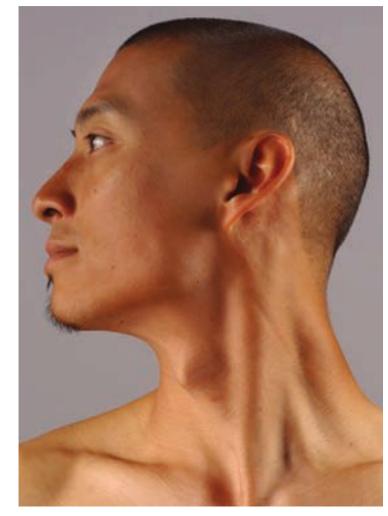
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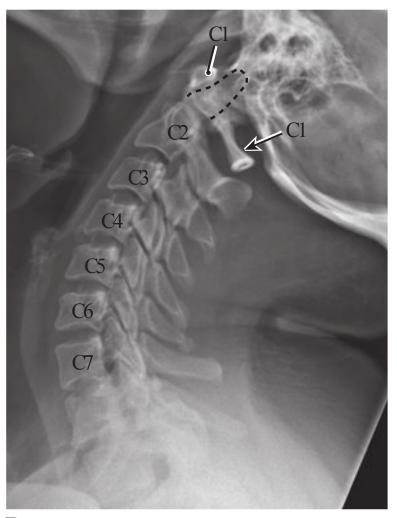
A Lateral View



C. Lateral View



E. Anterior View



B. Lateral Radiograph



D. Lateral Radiograph

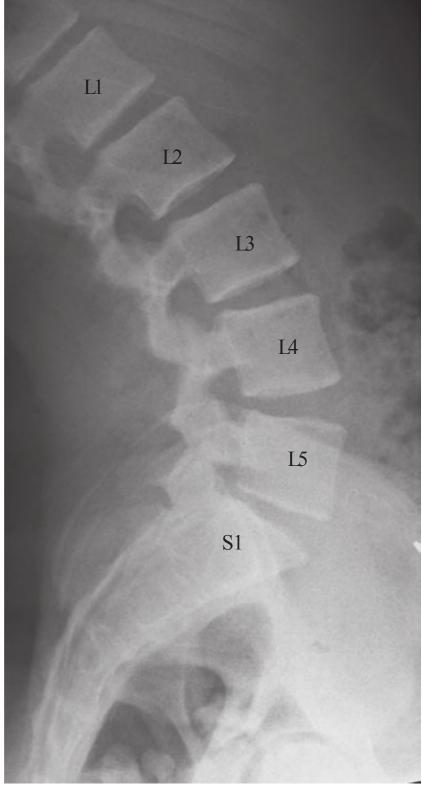


F. Oblique Radiograph

### 1.5 SURFACE ANATOMY WITH RADIOGRAPHIC CORRELATION OF SELECTED MOVEMENTS OF THE CERVICAL SPINE

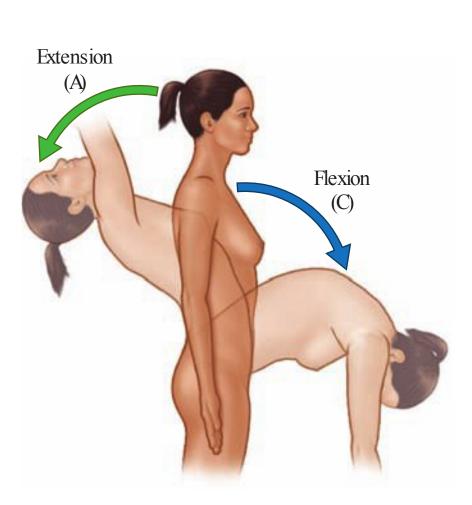
A. Extension of the neck. B. Radiograph of the extended cervical spine. C. Flexion of the neck. D. Radiograph of the flexed cervical

spine. E. Head rotated (turned) to left. F. Radiograph of cervical spine rotated to left.

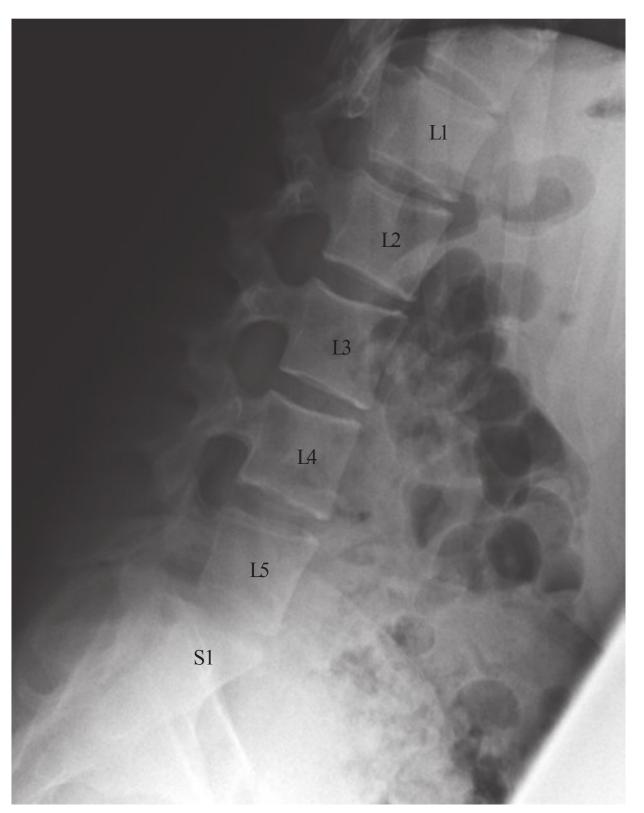




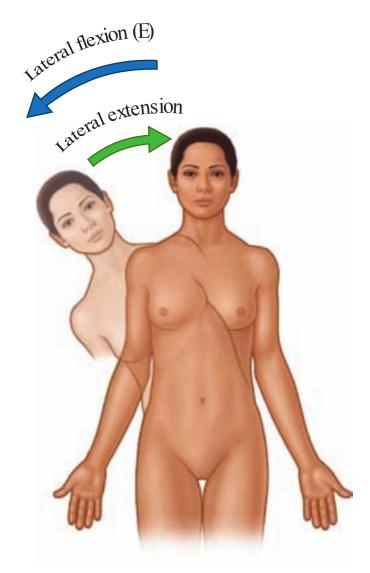
A. Lateral Radiograph, Lumbar Vertebrae Extended



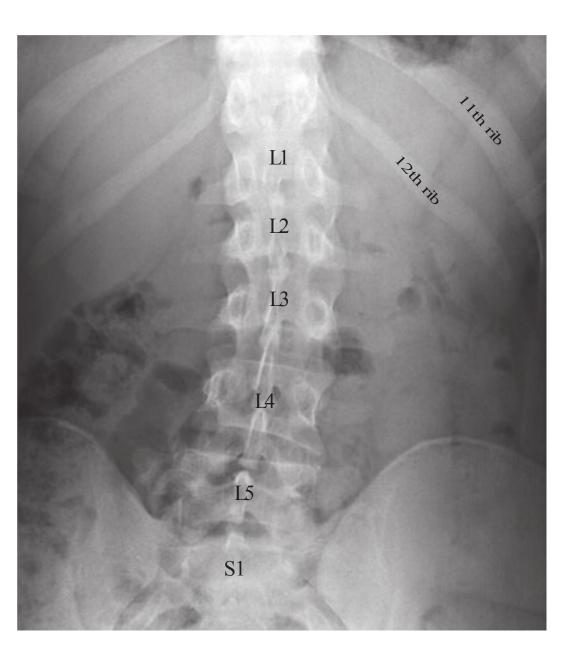
B. Lateral View



C. Lateral Radiograph, Lumbar Vertebrae Flexed



D. Anterior View



OVERVIEW OF VERTEBRAL COLUMN

E. Anteroposterior Radiograph, Lumbar Vertebrae Laterally Flexed to Right

#### SURFACE ANATOMY WITH RADIOGRAPHIC CORRELATION OF SELECTED MOVEMENTS OF THE LUMBAR SPINE

A. Radiograph of the extended lumbar spine. B. Schematic illustration of flexion and extension of the trunk. C. Radiograph of the flexed lumbar spine. D. Schematic illustration of lateral (side) flexion of the trunk. E. Radiograph of the lumbar spine during lateral bending.

The range of movement of the vertebral column is limited by the thickness, elasticity, and compressibility of the IV discs; shape and orientation of the zygapophysial joints; tension of the joint capsules of the zygapophysial joints; resistance of the ligaments and back muscles; connection to thoracic (rib) cage and bulk of surrounding tissue.

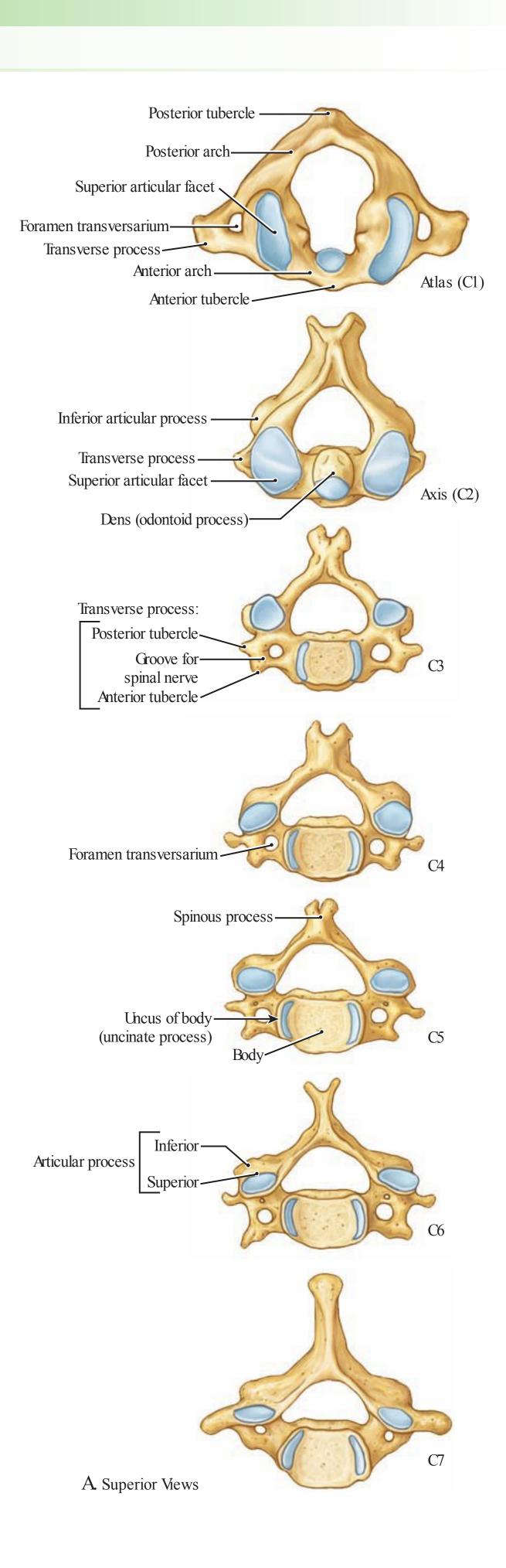
### **CERVICAL SPINE**

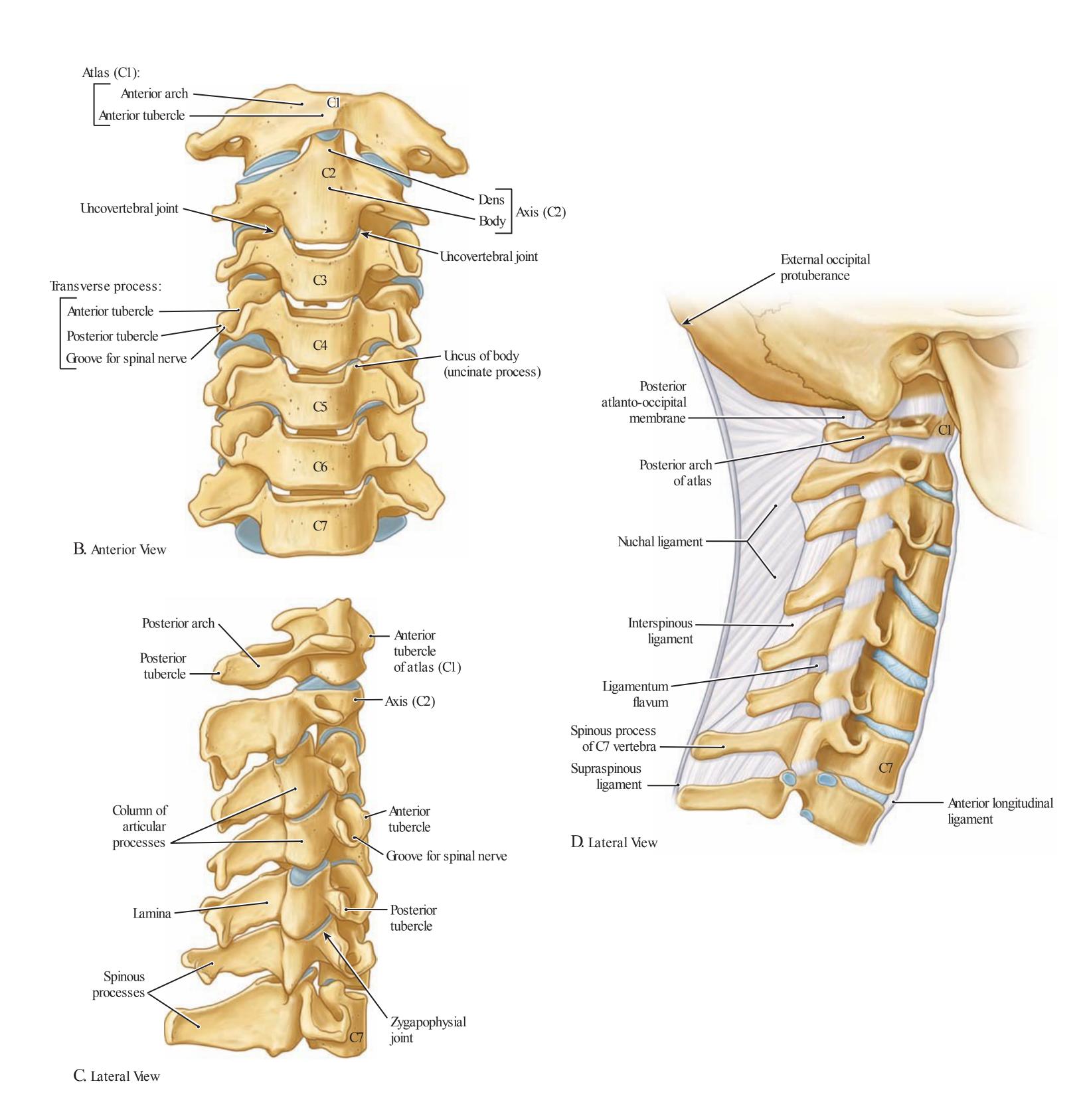
A. Disarticulated cervical vertebrae. The bodies of the cervical vertebrae can be dislocated in neck injuries with less force than is required to fracture them. Because of the large vertebral canal in the cervical region, some dislocation can occur without damaging the spinal cord. When a cervical vertebra is severely dislocated, it injures the spinal cord. If the dislocation does not result in "facet jumping" with locking of the displaced articular processes, the cervical vertebrae may self-reduce ("slip back into place") so that a radiograph may not indicate that the cord has been injured. Magnetic resonance imaging (MRI) may reveal the resulting soft tissue damage.

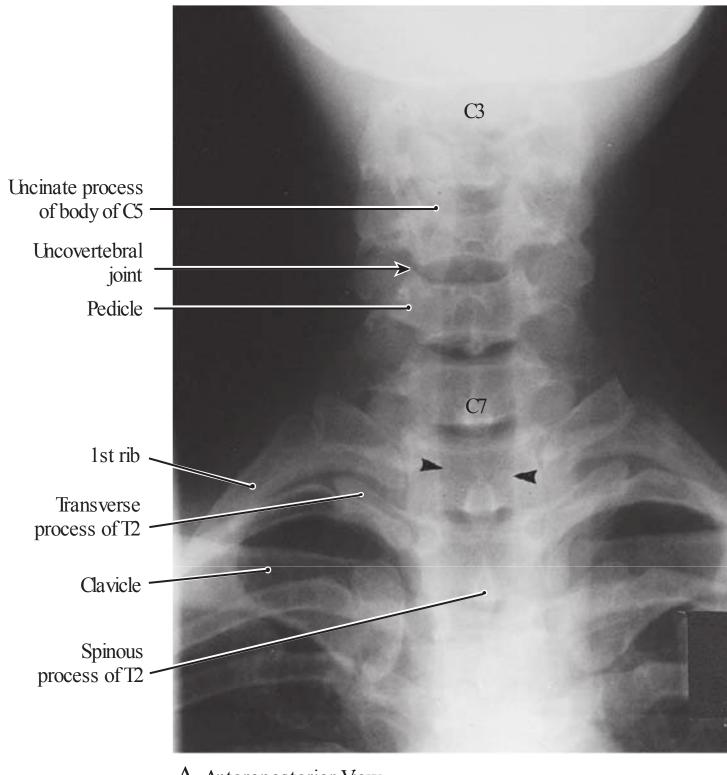
Aging of the IV disc combined with the changing shape of the vertebrae results in an increase in compressive forces at the periphery of the vertebral bodies, where the disc attaches. In response, osteophytes (bony spurs) commonly develop around the margins of the vertebral body, especially along the outer attachment of the IV disc. Similarly, as altered mechanics place greater stresses on the zygapophysial joints, osteophytes develop along the attachments of the joint capsules, especially those of the superior articular process.

| TABLE 1.1 TYPICAL CERVICAL VERTEBRAE (C3–C7) <sup>a</sup> |   |  |  |
|---|---|--|--|
| Part  | Distinctive Characteristics   |  |  |
| Body  | Small and wider from side to side than anteroposteriorly; superior surface is concave with an uncus of body (uncinate process bilaterally); inferior surface is convex  |  |  |
| Vertebral foramen   | Large and triangular  |  |  |
| Transverse processes                                      | Foramina transversaria small or absent in vertebra C7; vertebral arteries and accompanying venous and sympathetic plexuses pass through foramina, except C7 foramina, which transmits only small accessory vertebral veins; anterior and posterior tubercles separated by groove for spinal nerve |  |  |
| Articular processes                                       | Superior articular facets directed superoposteriorly; inferior articular facets directed infero-anteriorly; obliquely placed facets are most nearly horizontal in this region   |  |  |
| Spinous process   | Short (C3–C5) and bifid, only in Caucasians (C3–C5); process of C6 is long but that of C7 is longer; C7 is called "vertebra prominens"  |  |  |

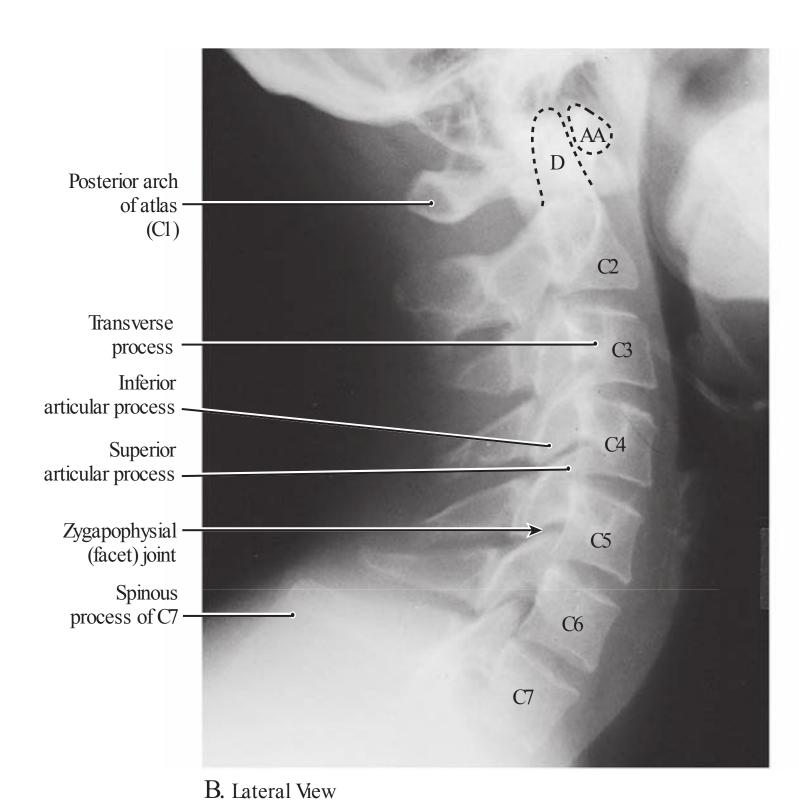






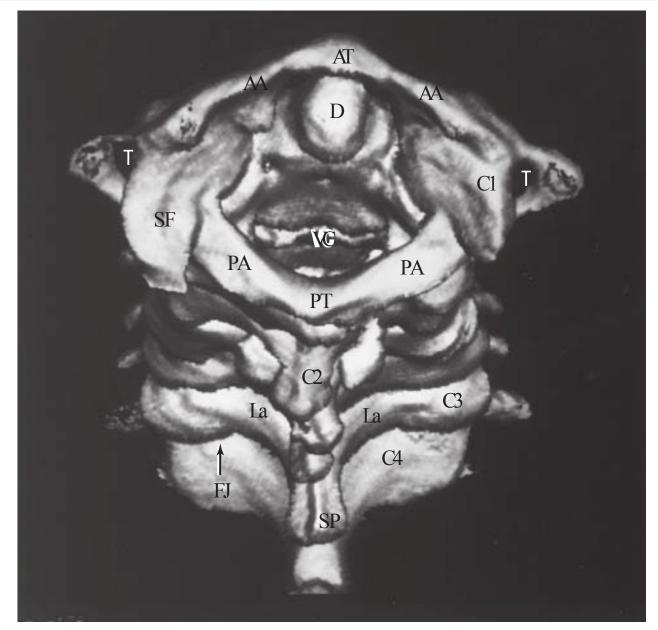


A. Anteroposterior View



C. Anterior View

| Key             |  |     |                                |
|-----------------|--|-----|--------------------------------|
| A               | Anterior tubercle of transverse process  | PA  | Posterior arch of Cl           |
| AA              | Anterior arch of Cl                      | PT  | Posterior tubercle of Cl       |
| AΓ              | Anterior tubercle of Cl                  | SF  | Superior articular facet of Cl |
| C1-C7 Vertebrae |  | SP  | Spinous process                |
| D               | Dens (odontoid) process of C2            | T   | Foramen transversarium         |
| FJ              | Zygapophysial (facet) joint              | TVP | Transverse process             |
| La              | Lamina                                   | UV  | Uncovertebral joint            |
| P               | Posterior tubercle of transverse process | W   | Vertebral canal                |



D. Posterior View

#### 1.8 IMAGING OF THE CERVICAL SPINE

A. and B. Radiographs. The arrowheads demarcate the margins of the (black) column of air in the trachea. C. and D. Three-dimensional reconstructed computed tomographic (CT) images.